Athletic First Aider Program

A.F.A.P Philosophy

The Manitoba Athletic Therapy Services Incorporated, under the direction of the Manitoba Athletic Therapists' Association Incorporated, wishes to ensure that athletes and individuals working with athlete have hands on, practical knowledge of basic athletic first aid and prevention techniques, including risk management.

Athletic First Aider Program (AFAP) is a program administered by the Manitoba Athletic Therapists' Association (MATA). Which is a non profit organization mandated to govern the profession of Athletic Therapy in Manitoba. The MATA consist of Certified Athletic Therapists, certification candidates as well as enfranchised members whom are committed to providing prevention and care of activity related injuries, in all levels of sport and recreation, ranging from the grass roots level to the elite athlete, throughout Manitoba.

The Athletic First Aider Program offers a wide variety of courses , intended to teach athletes and anyone working with athlete, including teachers, coaches, students and parents, the basic skills needed to deal with various first aid situations, injury prevention and risk management techniques.

Course offered through AFAP include:

Level One: <u>The Canadian Sports Safety Program</u>
Pre-requisites: Must be 16 years of age

Level Two: <u>On-Site Athletic First Aider</u>
Pre-requisites: Must be 16 years of age and successful completion of level one and valid CPR certification

<u>Football First Aider Program</u>
Pre-requisites: Must be 16 years of age and valid CPR
Recommended: Level One
More sport specific programs are currently being developed

<u>Taping Symposiums</u>
Pre-Requisites: Must be 16 years of age

For more information on the above programs, to inquire about our high school programs or our many other programs please contact the office at:

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